

Edited by
LUCILE CAMERON

FREE TO BE CAPTURED
DON'T WEAR A TRUSS
FREE

PLAPO is the modern truss. It is made of a special adhesive purpose to prevent slipping and to keep constantly applied the absorbent-softening medicine called PLAPO. Close the hernial opening as nature intended so the rupture can't come down.

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Do Away With Steel and Rubber Bands That Chafe and Pinch

You know by your own experience that the truss is a mere makeshift—a false gear against a suffering will—it is undermining your health. Why, then, continue to wear it?

STUDENT'S PLAPO-PADS are entirely different—being medicine regulators made of adhesive purpose to prevent slipping and to hold the distended muscles securely in place. No straps, bands or springs attached. No "digging in" or grinding against. Soft as Velvet—Flexible—Easy to Apply—Inexpensive. Continuous day and night treatment all day. No delay from work. Hundreds of people, old and young, have gone before an officer committed to substantiated facts, and even had the PLAPO-PADS earned their reputation—some of them most regrettable cases—and of long standing.

Send Today For FREE PLAPO—No Charge for It—Now or Ever

Write for a free trial PLAPO and 4-page Book on Hernias. No charge for it—now or ever. Nothing to be returned. "Be wise today! Be madmen to delay." Address, PLAPO CO., Box 171, St. Louis, Mo.

NAME _____ ADDRESS _____

with the same sort of soap and in the same way until the rinsing period is reached. There should be a few soap-suds in the rinsing water to insure the retention of the soft texture of the gloves.

world war.
Glory for men who now win public
house is prognosticated as one of the
future surprises of history.
The coming of a teacher who will
armonize class antagonisms and
reach the gospel of peace is pro-
phesied.
Persons whose birthdate it is may
expect a fortunate year. Those who
are employed will benefit.
Children born on this day are like-
ly to progress rapidly in life. Girls
have the augury of marriage with a
man who is younger.
(Copyright, 1917.)

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the greatest good
KHAM MEDICINE CO. LYNN, MASS.

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.